


SHELBOURNE
LUXURY SENIOR LIVING


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PROVIDING INDEPENDENCE, RESPECT AND HAPPINESS





YOUR RETIREMENT, OUR PASSION

Shelbourne Senior Living is a private organisation dedicated to providing high quality communities for seniors. We have twenty years' experience in providing the finest care and highest standards in everything we do for our residents, their relatives and friends, the wider community and our team members. We are passionate in the belief that our residents deserve the best possible lifestyle options in an environment where they can lead a happy, fulfilling life. At The Shelbourne we strive to maintain their independence, dignity and choice.

Our communities are made up of three accommodation areas – Retirement Cottages, Residential Care and Nostalgia Neighbourhood (dementia care) – all with services tailored to each resident's needs.

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OUR SERVICES

CARE SERVICES

Care services are completely personalised and encompass not only residents' physical requirements but also their emotional ones. Among our many services we provide assistance with walking, wheelchair mobility and bathing; medication; reminders and orientation relating to meals, nutrition and hydration; and physiotherapy. More



intensive care – such as one-to-one eating assistance and continence management is available as and when needed. The Shelbourne also provides a separate, secure community known

as the Nostalgia Neighbourhood. This is devoted to the special needs of residents that are experiencing memory loss through Alzheimer's disease or other dementia conditions. Our Care Manager and team have years of experience and are always in tune with the latest approach to dementia care. We aim to provide the best possible life for these residents and peace of mind for their loved ones.

THE SHELBOURNE DINING EXPERIENCE

Every Shelbourne community provides restaurant-style dining with a delicious, well-balanced, wholesome menu. We use local produce where possible, in addition to fresh vegetables and herbs from our own kitchen garden. An elegant private dining room is available for when residents wish to entertain families and friends for occasions such as birthdays, or just for an informal get together.



FACILITIES AND ACTIVITIES

Residents enjoy the many features and activities provided in the community. Facilities include a fully-equipped study and library with computer and Internet access; cinema and film club; hair salon; club and games room; vegetable and flower garden with raised beds for easy access; bird watching and nature clubs; regular mini bus outings in our own vehicle; live musical entertainment and an arts and crafts club.

COMFORT AND INDEPENDENCE IN OUR RETIREMENT COTTAGES



Our Retirement Cottages are perfect for residents who wish to remain independent but feel they would like the option of help as and when required. Luxurious but homely self-contained accommodation is equipped with separate lounge and diner, kitchenette, double bedroom and bathroom. Each also has its own private patio area and door entry system. All charges are fully inclusive, so Cottage residents are spared the worry of dealing with utility bills. A call system is available to summon help in an emergency.

THREE MEALS A DAY

Retirement Cottage residents enjoy three delicious and nourishing meals a day in Beeton's Restaurant as part of an inclusive package. However, for when residents wish to cook and eat in their own Cottage, there are ample, easy-to-use facilities to do so.



RESPITE

The Shelbourne offers facilities especially for respite care and accommodation and is ideal for seniors wanting a change of surroundings, or perhaps some care and attention following a spell in hospital.

Our respite breaks are flexible and can be tailored for individual residents.

RESIDENTIAL CARE

Residents can remain as independent as they wish and their abilities permit. All meals and laundry are included; care and other services are available as and when required. Prior to joining a Shelbourne community, residents are assessed by our Care Manager, who will recommend a care and support package as appropriate.



RESIDENTIAL CARE

The company at The Shelbourne is congenial and residents generally enjoy mixing with people with a similar outlook.



All meals and laundry are included; care and other services are available as and when required.



We always encourage independence. However, we provide all the help required with everyday tasks such as laundry, cleaning and dealing with utility bills.

In spite of The Shelbourne's excellent care, facilities and surroundings, many visitors are pleasantly surprised at the cost of living here, which is comparable with lesser options. Everyone living in Residential Care has their own, individual needs, which is reflected in our care plans.



NOSTALGIA NEIGHBOURHOOD

EXPERT CARE SERVICES – The Nostalgia Neighbourhood is our specialist area devoted to providing care and support needed by our residents who are on the dementia journey.

Here, our experienced, well trained team and special facilities meet the needs of those residents and make their lives as enjoyable as possible in a calm and positive environment. With no visiting restrictions, we encourage family and friends to be a part of our residents' ongoing care plan and involve them in daily life – including mealtimes and social events and activities.

NOSTALGIA NEIGHBOURHOOD

The Shelbourne Academy is being established as a local centre of excellence in which training is given to provide our Nostalgia Neighbourhood residents with the best available care. It features guest speakers who specialise in topics relating to dementia care.

SUPPORT, ADVICE, COMFORT

Dementia-related conditions are the most common mental illnesses in older people – Alzheimer's Disease is the best known. Having a loved one with dementia can be a very stressful time and our team supports families and friends to understand and cope with this pressure. Our Care Manager will be happy to discuss your needs and can carry out an assessment.

FACILITIES AND ACTIVITIES

Our residents tend to be forgetful and within our sheltered environment, there's



no pressure for them to remember. Part of our programme is a gentle stimulation of the memory often using photographs, tactile objects and scents. Music workshops and similar events are also part of life at The Shelbourne.

Our charming, secure Nostalgia Garden provides a safe outdoor environment for residents to spend time in the finer weather. People with dementia can still maintain a passion for hobbies. We nurture these pastimes and interests and help to make them enjoyable pursuits to look forward to.

DINING AT NOSTALGIA NEIGHBOURHOOD

For many, mealtimes can be a highlight of the day. Our menus are all approved by a nutritionist and we ensure our chefs provide a choice of delicious, balanced, freshly-prepared dishes to tempt even the smallest appetites.



THE SHELBOURNE TEAM

Our team are highly trained in Elderly Mentally Infirm (dementia) care and are continually supported to ensure that residents receive ongoing excellent standards of service.





THE SHELBOURNE TEAM

Our team is highly trained and continually supported to ensure that residents receive excellent standards of support.



We give priority to assembling the best possible team, recruiting special, dedicated people and training them to perform their job superbly and create a working environment where they can thrive and make a real difference to the lives of our residents.

Guided by genuinely-held aspirations, beliefs and principles, The Shelbourne team makes the difference for our residents by creatively demonstrating our ethos of care and excellence in its day-to-day work. It is this culture which sets us ahead of our competitors.

FINALIST - PINDERS HEALTHCARE DESIGN AWARDS

TINA SMIT CARER OF THE YEAR 2009
HAMPSHIRE - THE COUNTY MAGAZINE



OUR VALUES AND ETHOS

As part of our commitment to unrivalled customer service, at Shelbourne Senior Living all costs are handled with honesty and transparency. Residents or their families are provided with a printed summary detailing everything which is and isn't included.



We go to great lengths to ensure that our residents feel safe, secure, valued and happy. Our aim is for you to be certain that when you choose Shelbourne Senior Living, you've made the right choice.

We look forward to welcoming you soon.